

SHL links for time management.

Please note we have no control over external sites

Soncul

https://www.sconul.ac.uk/sconul-access?usertype=63%2C50&field_accepted_bands_tid=63%2C64%2C65%2C66%2C1572

Time management OU help

<https://help.open.ac.uk/time-management-skills>

<https://www.open.edu/openlearn/mod/oucontent/view.php?id=28143§ion=4.1>

<https://www.open.edu/openlearn/health-sports-psychology/mental-health/time-management-and-study>

Open learn courses on time management

<https://www.open.edu/openlearn/education-development/university-ready/organisation-and-time-management-academic-study-skills>

<https://www.open.edu/openlearn/education-development/ten-tips-students-starting-university>

<https://www.open.edu/openlearn/local/ocwglobalsearch/search.php?q=becoming%20ou%20student>

OU study with me facebook

<https://www.facebook.com/groups/845643519504519>

Study with me youtube videos

<https://www.youtube.com/watch?v=yZDtCrY2CUY&t=1654s>

<https://www.youtube.com/watch?v=sUwD3GRPJos&t=3329s>

https://www.youtube.com/watch?v=1ex_bNIFR1A&t=3204s

<https://www.youtube.com/watch?v=FerGgYXVXiw>

Forest <https://www.forestapp.cc/>

Pomodoro

https://en.wikipedia.org/wiki/Pomodoro_Technique

Gantt <https://www.tomsplanner.com/>

Grow things on screen as you work with Flora <https://flora.appfinca.com/en/>