

Priority grid

	Not Urgent	Urgent
Important		
Not important		



# Time planner

## Weekly CAN DO goal

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### Key

**Work**      **Travel**      **Family**      **Socialising**      **Housework**  
**Exercise**   **Eating**      **Sleeping**   **Study**

	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
6 am							
6.30 am							
7 am							
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8 am							
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5 am							
5.30 am							
Totals							

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Totals							