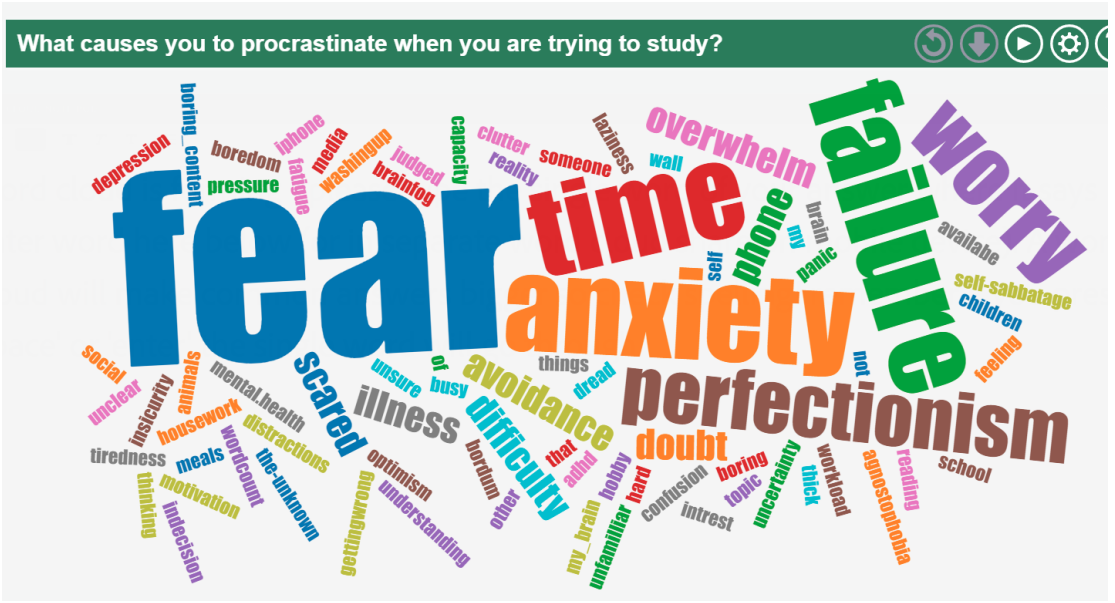
What causes you to procrastinate when you are trying to study?
fear
time
anxiety
failure
worry
perfectionism
overwhelm
phone
avoidance
difficulty
scared
illness
doubt
depression
boring_content
boredom
iphone
media
washingup
judged
capacity
clutter
reality
someone
laziness
wall
pressure
fatigue
brainfog
brain
my
panic
self
available
self-sabbatage
children
feeling
not
social
unclear
insicurity
animals
mental.health
housework
distractions
tiredness
meals
wordcount
the-unknown
motivation
thinking
indecision
gettingwrong
understanding
optimism
unsure
of
busy
things
dread
bordum
other
that
adhd
hobby
hard
my_brain
unfamiliar
confusion
intrest
boring
topic
uncertainty
thick
workload
agnostophobia
reading
school