KAREN FOLEY: Join the School of Psychology and Counselling on the 23rd of September for an event to introduce you to the subjects of psychology and Counselling. We'll focus on how to start your studies in these disciplines well, including some tips for those first few weeks.

There'll also be opportunities to hear from members of the psychology and Counselling central academic team. And we'll tell you about some of the ways that you can hear about school news.

There'll be a chance to explore the types of student support you can access during your studies at the OU. And to get you off to a good start, we'll outline some of the different types of assessment you might come across and explain how they're designed to help you build key skills.

We'll also tell you about the support and advice you'll receive for completing assessment. You'll get lots of guidance as you go through your studies, so you won't be left on your own to puzzle it out.

The event is online, interactive, and open to all OU students. Find out more on our website, which is also where you log in to join the live event.

If you have a question you'd like to ask in advance, please email us. And if you can't attend the live event, catch up later on our YouTube channel, where you'll be able to view the recording along with all of our previous live sessions. But I hope you can join us on September the 23rd.