Pre session polls

What level of study are you?
- Access
- Level 1
- Level 2
- Level 3
- Postgraduate

What would you consider is your main area of study?
- Arts
- Languages (English & other)
- Social sciences
- Business and law
- Science
- Engineering or technology
- Maths
- Health sciences
- Education
- Sports
- OTHER

Have you been to any student hub live online events before?
- Yes last year
- Yes this year
- Yes other
- No (but have listened to one or more recording)
- No (didn’t have time)
- No (wasn’t aware of before now)
What are student hub live online sessions?

• All student hub live sessions are non modular and focus on skills relevant to study at university level

• Polls are anonymous to other participants but the chat box will have your logged in name associated with your comments

• All online sessions are recorded and available to view on catch up on a public facing website. Small group discussions are not recorded.

• Slides are available at the end of the session and from the main website
Initial polls

What is your main reason for coming along this evening?
Essay planning
student hub live is the OU’s live online interactive platform to support academic community

Karen Foley is a lecturer at the OU, head of student hub live and chairs Y032. She also tutors in social sciences, psychology and science.

Isabella Henman is an essay writing aficionado and skills trainer. She tutors in science and health sciences.
This was our advert…

This workshop will focus on essay planning. It is aimed at those already planning but maybe not doing themselves justice with that planning. It will look at how to ensure the essay is aligned with what is being asked for and including the critical information.
Workshop

• This is going to be a structured workshop to help you get thinking
• We’ll look at what is meant by essay planning, including some different styles and methods, as well as key points for what needs to be included
• Then we’ll give some tutor advice
• You’ll also get the chance too discuss things with others in a small group
Emotions of essays polls

• What grade are you hoping to achieve for your next essay?
  • 85%+ (pass level 1)
  • 70%+ (pass level 2)
  • 55%+ (pass level 3)
  • 40%+ (pass level 4)

• What is my emotional feeling about this essay?
  • Loving it
  • Enjoying it mostly
  • Topic OK but just want to get it over
  • Absolutely hate everything about it
What do we mean by planning?

• A plan is a road map of what you intend to do. It helps you to know what you intend to do and allows you to know whether you have done this

• The format of that road map is up to you

• You can also think of it as a recipe which makes it clear what is going to go into the essay and the order
Planning poll

Have you had to write an essay plan before?

• yes
• no
Planning q&a

• Please suggest in the box available what type of plans you can think of.
Types of plan

- Simple list
- Series of relevant page numbers / topics
- Mind map
- Spider diagram

(examples to follow)
List style plan

- What are proteins (pg. 50/51) + (52) + 122 - Amino Acids
  - Where to find (pg. 96)
  - Use of proteins
  - Why are they needed (pg. 50/51)
  - How do we process them

- Protein Digestion
  - From outside to inside the body
    - Mechanical digestion (pg. 147 onwards)
      - Main explanation
    - Inside the body
      - Chemical digestion (pg. 154/155)
      - HCl
      - Intrinsic factor
      - Pepsinogen
  - Enzymes (pg. 164/165)

- Protein Assembly
  - Essential amino acids
  - Non-essential amino acids
  - In cell + DNA (pg. 64 to 69)
  - Template strands
    - Genetic code (pg. 58/69)
    - Nucleus
    - Expectation
  - Cell to tissue + repair (pg. 80, 81)
List style plan

Plan

- Protein comes in from diet through digestive tract.

- Stomach: pepsin p.134
  - Brush border enzymes p.164

- Small intestine: protein absorption
  - Protein absorption p.164

- Digestion
  - Can’t use in form as digested.
  - Macro molecules p.57
  - Poly peptide p.2A, 3D shape = function.

- Proteosome p.51.

- Amino acid, peptide, poly peptide p.2A.

- Organize: building blocks from what is absorbed.

- Whole protein: how constructed - p.64, RNA
  - 105A protein p.24
  - 122A chains

- Proteins roles: p.52, p.51
  - Macromolecular processes

- Proteins in tissues, interorgans, p.52A

- Atomic structure, cell p.80 - 172

- Use protein roles: different roles/functions, importance.
  - Deficient: what happens with lack of protein.

- Essay main focus: assembly, available.

- 126 disorders.

- Anything.

- Lack of words.

- 126 x 1
Computer generated mind map

Attachment Relationships

Affect child's behaviour

Trust
- confidence
- security

Affect relationships later in life

Mother as main carer
- Mostly US and European

Academic research

Good relationships
- predictability
- consistency of carer

Consistency of carer
- foster carers
- childminder
- daycare workers

Repurcussions

Lack of self confidence

Poor experience of being cared for

Not wanting to be a carer

Barriers to good relationship
Very detailed mind map!
Why plan?

- It allows you to structure your work and know what you need to do.
- It also ensures you cover all parts of the question.
- It saves time in the long run randomly writing information that isn’t relevant.
- But… plans can change and don’t have to be perfect.
Activity

Look at this simple road map and look whether you can find a route from the purple star to the red cross using the white roads only (blue blocks are buildings).
What was the point?

- The idea was to show that there are lots of different ways to get from the start to the finish so you have to think about which you are going to take.
- However, not all ways are logical – and that is important for essay writing.
Structuring

• This may come within the plan itself but it is important to think carefully about how you will structure your essay.

• Broadly speaking the allocation is as follows:
  • Introduction is ~10-15% of words
  • Content (body) is ~75-80%
  • Conclusion is ~10-15%
Get active!

The earlier activity involved ‘movement’ e.g. action & a plan has to be active:

• HOW will you answer the question?
• What is the AIM of your essay?
• How does the information you are including relate to the topic – not just because a word search or the suggested areas to look has revealed it as relevant – WHY is it relevant?
Discussion activity

• Discuss with your group how you could put what you have learnt about planning into practice.
• You could discuss which type of plan you prefer or how to make the plan active.
• Please bring back a few points that you can share with the rest of the group.

You will have different modules and topics so this is about the approaches to planning essays appropriately.
Useful points for breakouts

• We suggest you use the first couple of minutes to introduce yourselves and get used to the room. Choose a volunteer to keep the discussion on track and feed back to the main room.

• Remember to activate your microphone to speak.

• There will be 13 minutes for the breakouts overall – we’ll send regular reminders to let you know how long you have got left.
-breakout activity

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Remember to check the number of the room you are in (shows at top of chat pod as “chat x breakout y”) in case of connection issues and for bringing back information.
This session is currently in breakouts (small groups).

If you are part of this group and have had connection issues please let us know your room.

If you are just arriving in this room and are not part of this live session then please log in at the advertised room opening time to take part (15 mins prior to advertised session time).
So....

- What can people share from their sessions?
A plan is better than...

- A shopping list – this is simply a static list
- A recipe – this says what but not how or why

You don’t need all the details in the plan but need a clear idea about what you are hoping to achieve in the essay. Otherwise, how will you know whether you have achieved the aim?
Final polls

What do you feel is the main thing you will take away from this evening?

What are you going to do as a result of this evening’s session?

Which of the following elements of tonight's session did you find useful?

- Tutor led explanation
- Opportunity to chat in text chat box
- Opportunity to suggest ideas in polls
- Breakout room (discussion with / learning from other students)
- Breakout activity (considering a task in more detail)
- Any other aspect (please give details in chat)
Future sessions in our student hub live skills based Adobe Connect series – See the website for more details

13/2/19 Making the most of feedback
13/3/19 What's (not) working?
17/4/19 Developing a good academic argument

Tonight’s slides are available to download from the link provided. Click on the words essay planning then download file and it will download to wherever downloads go on your own computer.

Past student hub live online sessions here
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